

Parent Reading Suggestions.....

Wendy Mogel	<u>The Blessing of a Skinned Knee</u> <u>The Blessing of a B+</u>
Madeline Levine	<u>Teach Your Children Well: Parenting for Authentic Success</u>
Donna Pincus	<u>Growing Up Brave</u>
Carol Dweck	<u>Mindset: The New Psychology of Success</u>
Muffy Mead Ferro	<u>Confessions of a Slacker Mom</u>
Frank Bruni	<u>Where You Go Is Not Who You'll Be: An Antidote to the College Admissions Mania</u>
Gretchen Rubin	<u>Happiness Project</u> <u>Better Than Before: Mastering the Habits of Our Everyday Lives</u>
Phil Kilroy	<u>Madeleine Sofie Barat: A Life</u>
Lisa Damour	<u>Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood</u>
Julie Lythcott-Haims	<u>How to Raise an Adult</u>
Rachel Simmons	<u>Enough as She Is</u>
Katty Kay, Claire Shipman, JillEllyn Riley	<u>The Confidence Code for Girls</u>
McGonigal, Kelly	<u>The Upside of Stress: Why Stress is Good for You, and How to Get Good at It</u>